

# Cotton Strip Blanket

Finished size approximately 45" x 60"

## Supplies List

- 11 6" X 45" wide Cotton Fashion Fabric strip
- 1/2 yard 45" wide fabric for Binding
- 1 2/3 yds 45" inch wide fabric for backing
- 45" X 60" thin batting such as Warm and Natural
- 1 can of temporary fabric adhesive our favorite is 505 Spray and Fix
- All Purpose Thread in a color to match the backing

## Step One: Collect Supplies

To be the most time efficient make sure you gather ALL supplies needed before you start.

Basic Supplies List – These are the supplies you will need for this project and almost ANY sewing project.

1. Rotary cutter, mat and ruler, or fabric scissors
2. Sewing pins
3. Sewing machine
4. Walking Foot attachment for your sewing machine
5. Seam ripper (for the occasional mistake)



## Step Two: Preparing Backing and Batting

1. Lay batting on a flat surface – a nice large table or the floor.
2. Center the backing fabric on top of the batting, make sure your backing is right side up.
3. Fold back your backing about half way and generously spray across a 10" strip or so of adhesive to your batting. Lay the backing back down on top of the batting, making sure your fabric is laying smoothly as you go and that there are no wrinkles. If you do have a wrinkle pull back your backing fabric and reposition as needed. Repeat until the entire backing is adhered securely to the batting.



4. Square up your backing and batting sandwich and double check that your edges are straight. Trim off any excess.

## Step Three: Assembling Your Strips

1. Lay out your strips into your desired order for the top of the quilt.

2. Fold your quilt backing and batting in half, short sides together, and find the center. Starting with the center strip, center it on top of your batting right side up, from edge to edge. Fold the strip back half way and spray your temporary adhesive to the wrong side of your fabric strip and carefully smooth into place. Repeat until the entire strip is adhered to the backing. Again, make sure your fabric is smooth and wrinkle free.



3. Place the next strip of your choice on top of the adhered strip right sides together and pin in place every couple of inches along one side. Sew a seam using the edge of your walking foot as a guide. Your seam should be approximately 1/4" - 1/2".

4. Open up strip and either finger press well or press with an iron.

5. Now use your adhesive to spray and spray the row down to the batting. Smooth the newly sewed row into place making sure there are no wrinkles and that it is smooth.



5. Keep adding rows on each side of the strips using the method above. You may find it more efficient to pin two strips at a time and sew one strip on each side of the blanket each time you sit down to sew.

6. After all the strips are attached to your blanket lay out your blanket and trim and square up the edges.



## Step Four: Binding

1. Cut (6) 2 1/2" wide strips. Attach binding strips end to end with a 1/4" seam. Still using your walking foot, attach binding to the top of the quilt using a 1/4" seam allowance. Miter the corners as you are attaching your binding.



THE SPROUTZ STORE  
Fabric, Patterns and Sewing Supplies



## Tip

Binding and mitered corners are not difficult. If this is your first time, check out the Internet for many tutorials with pictures of the process. If you can't find one email us and we can email you some recommendations.

## All Done!



## TIP

You may want to machine wash and dry your blanket so that the temporary adhesive is removed before first use.