

BE JOYFUL

Riley Blake
DESIGNS®



60 ½" x 60 ½"



= Confident Beginner

Blissful Moments
by Lisa Audit

10/01/2026

BE JOYFUL

FINISHED QUILT SIZE 60 ½" × 60 ½"

Please read all instructions before beginning this project.
Yardage calculated using a 42" usable width of fabric.

Pattern designed by The RBD Designers.

GENERAL INSTRUCTIONS

Please check www.rileyblakedesigns.com/pattern-updates or scan the QR Code for any updates before starting this project. This pattern requires a basic knowledge of quilting techniques and terminology. The quilt and block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric. It is not recommended to prewash fabric before cutting and assembling.



Always verify your panel size before beginning. If your panel measurements differ from those given in the pattern, trim to the desired size or use coping strips to alter the size of your panel. If coping strips are needed, add oversized, coordinating strips of fabric to the necessary edges of the panel, then trim to the size specified in the pattern.

WOF = Width of Fabric
RST = Right Sides Together
SNF = Stitch and Flip
HST = Half Square Triangle

FABRIC REQUIREMENTS

Fabric is from the Blissful Moments collection unless stated otherwise.

(1) PD18200-PANEL Blissful Moments Panel

Fat ¼ of Each:

CD18190-DREAM Main
CD18192-CREAM Meadow
C18195-ROUGE Flowers

Fat ¼ of Each:

CD18190-YELLOW Main
C18194-MULTI Medallions
C18196-ROUGE Dots

Additional Fabrics:

1 ½ yards CD18190-BLUSH Main
1 ¼ yards C805-IVORY POParazzi
¾ yard C18196-DREAM Dots (includes binding)

OTHER SUPPLIES

Basic Sewing Supplies
2 yards WB200-CHAMBRAY Shade (wide back backing)
Batting

CUTTING INSTRUCTIONS

When cutting fabrics, use a straight edge ruler and rotary cutter. Measurements include ¼" seam allowance. Label, allocate, and organize all cuts as noted.



Blissful Moments Panel

Fussy cut (4) 16 ½" × 16 ½" Panel squares, centered over the motifs.*

**Note: If the panel motifs do not reach the edges of the required cuts, add coping strips first and then trim to the required sizes.*



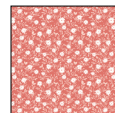
Dream Main

Cut (4) 5" × 5" squares. Label as A.



Cream Meadow

Cut (16) 2 ¼" × 2 ¼" squares. Label as B.



Rouge Flowers

Cut (16) 2 ¼" × 2 ¼" squares. Label as C.



Yellow Main

Cut (8) 5" × 5" squares. Label as D.



Multi Medallions

Cut (16) 3 ¼" × 3 ¼" squares. Label as E.
Cut (4) 2 ¾" × 2 ¾" squares. Label as F.



Rouge Dots

Cut (4) $3\frac{1}{4}$ " $\times$ $3\frac{1}{4}$ " squares. Label as G.

Cut (16) $2\frac{3}{4}$ " $\times$ $2\frac{3}{4}$ " squares. Label as H.



Blush Main

Cut (5) $5\frac{1}{2}$ " $\times$ WOF strips. Piece together end-to-end; subcut:

(4) $5\frac{1}{2}$ " $\times$ $50\frac{1}{2}$ " strips. Label as I.

Cut (1) 5" $\times$ WOF strip. Subcut:

(8) 5" $\times$ 5" squares. Label as J.

Cut (1) 2" $\times$ WOF strip. Subcut:

(4) 2" $\times$ 2" squares. Label as K.



Ivory POParazzi

Cut (2) $3\frac{1}{4}$ " $\times$ WOF strips. Subcut:

(20) $3\frac{1}{4}$ " $\times$ $3\frac{1}{4}$ " squares. Label as L.

Cut (4) $2\frac{3}{4}$ " $\times$ WOF strips. Subcut:

(60) $2\frac{3}{4}$ " $\times$ $2\frac{3}{4}$ " squares. Label as M.

Cut (1) $2\frac{1}{4}$ " $\times$ WOF strip. Subcut:

(16) $2\frac{1}{4}$ " $\times$ $2\frac{1}{4}$ " squares. Label as N.

Cut (2) 2" $\times$ WOF strips. Subcut:

(25) 2" $\times$ 2" squares. Label as O.

(2) $1\frac{3}{4}$ " $\times$ $16\frac{1}{2}$ " rectangles. Label as P.

Cut (8) $1\frac{3}{4}$ " $\times$ WOF strips. Subcut:

(8) $1\frac{3}{4}$ " $\times$ $16\frac{1}{2}$ " rectangles. Label as P.

(10) $1\frac{3}{4}$ " $\times$ 14" rectangles. Label as Q.

(16) $1\frac{3}{4}$ " $\times$ $1\frac{3}{4}$ " squares. Label as R.



Dream Dots

Cut (7) $2\frac{1}{2}$ " $\times$ WOF strips. Set aside for binding.

Cut (1) 2" $\times$ WOF strip. Subcut:

(16) 2" $\times$ 2" squares. Label as S.

Cut (5) $1\frac{1}{2}$ " $\times$ WOF strips. Piece together end-to-end; subcut:

(2) $1\frac{1}{2}$ " $\times$ $50\frac{1}{2}$ " strips. Label as T.

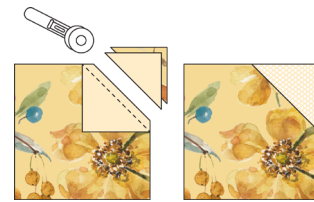
(2) $1\frac{1}{2}$ " $\times$ $48\frac{1}{2}$ " strips. Label as U.

SEWING TECHNIQUES

Sew all seams RST and with a $\frac{1}{4}$ " seam allowance unless stated otherwise. Refer to the Quilt Layout Diagram for placement of the fabrics. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Please refer to the following general sewing techniques as these methods are referenced throughout the pattern in their abbreviated form.

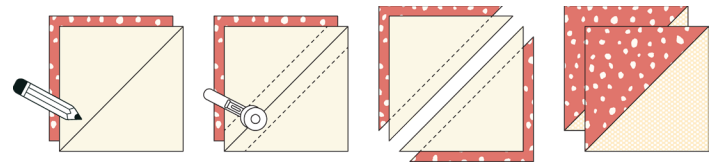
STITCH AND FLIP METHOD (SNF)

Place (2) pieces RST, matching raw edges in the corner to be replaced. Draw a diagonal line on the wrong side of the smaller piece across the corner. Sew on the drawn line. Trim the seam allowance outside the sewn line to $\frac{1}{4}$ ". Flip the smaller piece away from the larger piece and press, replacing the corner. The size of the larger, original piece does not change.



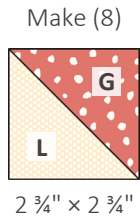
2-AT-A-TIME HALF SQUARE TRIANGLE METHOD (HST)

Place (2) squares RST. Draw a diagonal line, corner to corner, on the wrong side of (1) square. Sew $\frac{1}{4}$ " on each side of the drawn line. Cut on the drawn line to create (2) HSTs. Press toward the darker fabric. Trim HSTs to the indicated size.

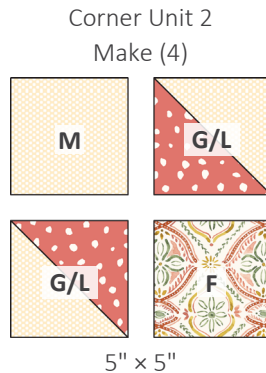
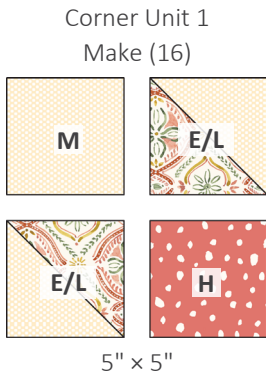


BLOCK ASSEMBLY

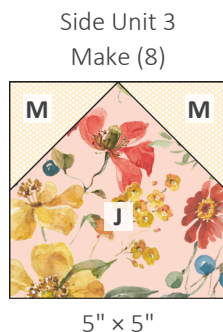
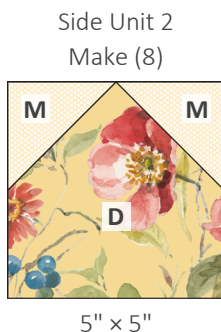
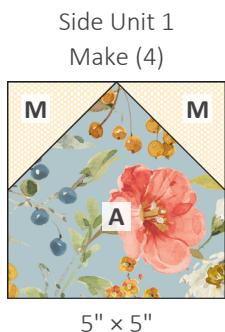
- Use the 2-at-a-time HST method to make the units shown below, referencing the diagrams for quantity, proper placement, and orientation.



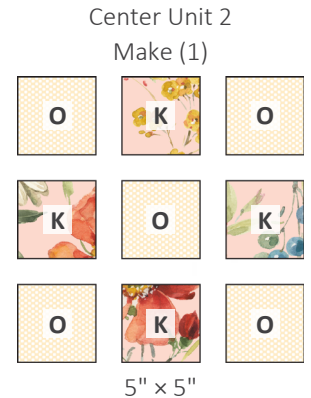
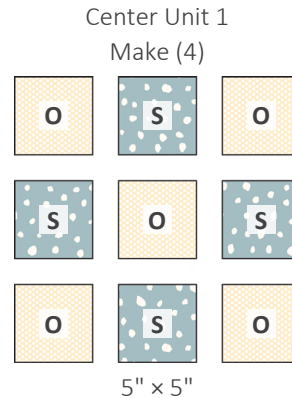
- Arrange (1) **M**-square, (2) E/L HST units, and (1) **H**-square as shown below. Sew the squares and units together into pairs. Next, sew the pairs together to make (1) Corner Unit 1. Repeat to make (16) total units.
- Repeat Step 2 using (1) **M**-square, (2) G/L HST units, and (1) **F**-square as shown below to make (4) total Corner Unit 2s.



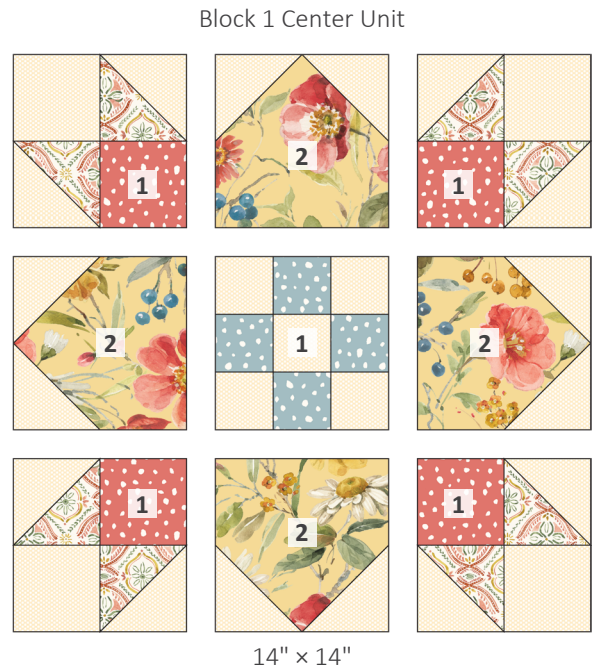
- Use the SNF method to make the Side Units shown below, referencing the diagrams for quantity, proper placement, and orientation.



- Arrange (5) **O**-squares and (4) **S**-squares as shown below. Sew the squares together into rows. Next, sew the rows together to make (1) Center Unit 1. Repeat to make (4) total units.
- Repeat Step 5 using (5) **O**-squares and (4) **K**-squares as shown below to make (1) Center Unit 2.

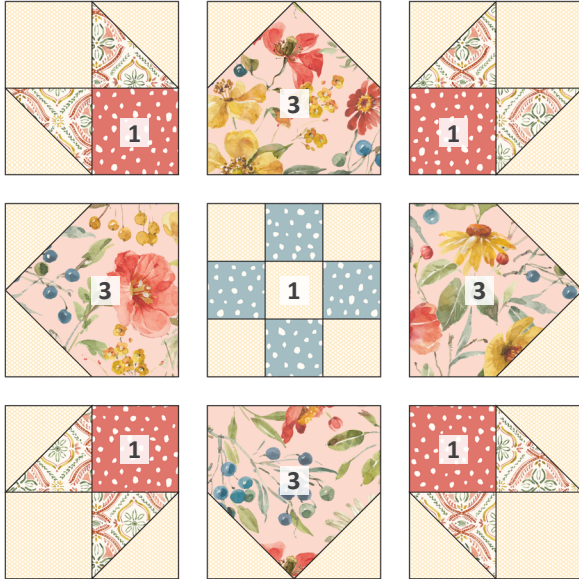


- Arrange (4) Corner Unit 1s, (4) Side Unit 2s, and (1) Center Unit 1 as shown below. Sew the units together into rows. Next, sew the rows together to make (1) Block 1 Center Unit.

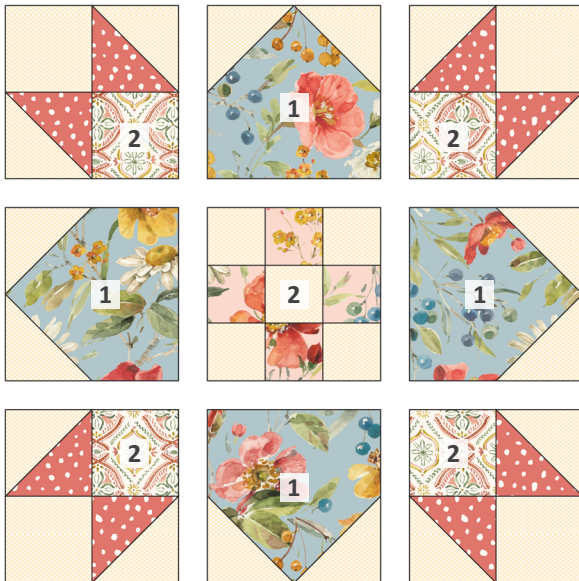


8. Repeat Step 7 using the units referenced in each diagram below and on the right to make (4) additional Block Center Units.

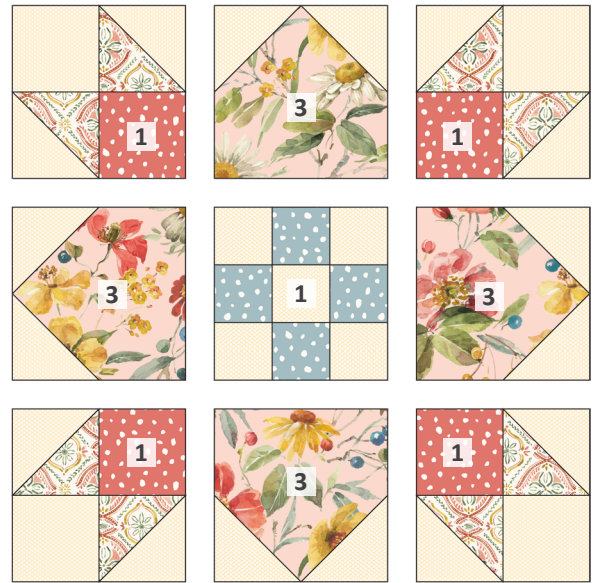
Block 2 Center Unit



Block 3 Center Unit



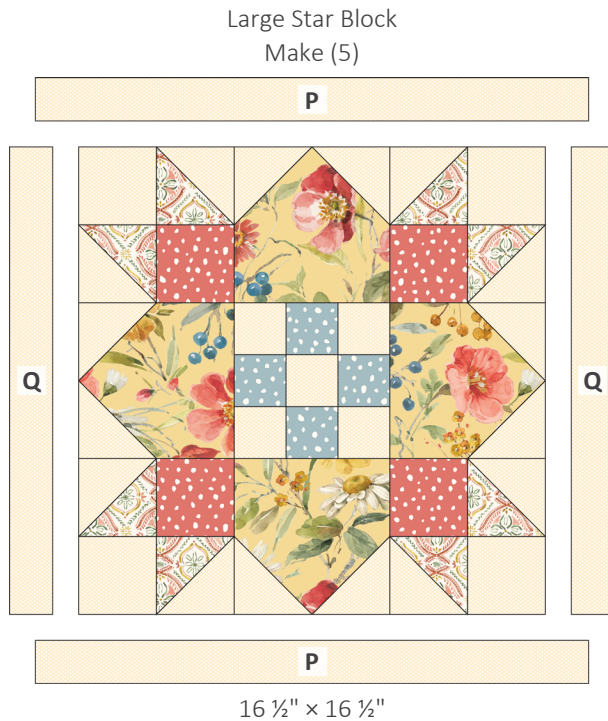
Block 4 Center Unit



Block 5 Center Unit



- Sew (1) **Q**-rectangle to each side of (1) Block 1 Center Unit as shown below. Next, sew (1) **P**-rectangle to the top and bottom to make (1) Large Star Block.
- Repeat Step 9 using Block 2-5 Center Units to make (4) additional Large Star Blocks.



- Use the 2-at-a-time HST method to make the units shown below, referencing the diagrams for quantity, proper placement, and orientation.

Make (16)



1 3/4" x 1 3/4"

Make (16)



1 3/4" x 1 3/4"

Make (16)



1 3/4" x 1 3/4"

- Arrange (1) **R**-square and (1) of each HST unit from Step 11 as shown below. Sew the square and units together into pairs. Next, sew the pairs together to make (1) Star Point Unit. Repeat to make (16) total units.

Star Point Unit

Make (16)

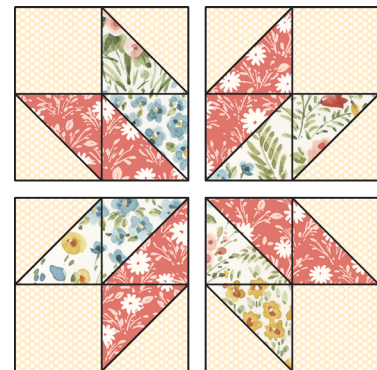


3" x 3"

- Arrange (4) Star Point Units as shown below. Sew the units together into pairs. Next, sew the pairs together to make (1) Small Star Block. Repeat to make (4) total blocks.

Small Star Block

Make (4)



5 1/2" x 5 1/2"

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QUILT ASSEMBLY

14. Arrange (5) Large Star Blocks and (4) Panel squares as shown below. Sew the blocks and squares together into rows. Next, sew the rows together to make the quilt center.



48 ½" × 48 ½"

15. Sew (2) Small Star Blocks and (1) I-strip together as shown below to make (1) Top Border Unit. Repeat to make (1) Bottom Border Unit.

Make (2)



5 ½" × 60 ½"

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16. Sew (1) **U**-strip to each side of the quilt center as shown below. Next, sew (1) **T**-strip to the top and bottom. In the same manner, sew **I**-strips to the sides and Top/Bottom Border Units to the top and bottom to complete the quilt top.

QUILT LAYOUT DIAGRAM



FINISHING INSTRUCTIONS

17. Layer the quilt top, batting, and backing. Baste the quilt layers together and quilt as desired. Sew the Dream Dots binding strips together end-to-end. Then bind the trimmed, finished quilt using your favorite binding method.

Enjoy and share your quilt using the hashtags: [#blissfulmomentsfabric](#), [#bejoyfulquilt](#), [#rileyblakedesigns](#), and [#iloverileyblake](#).