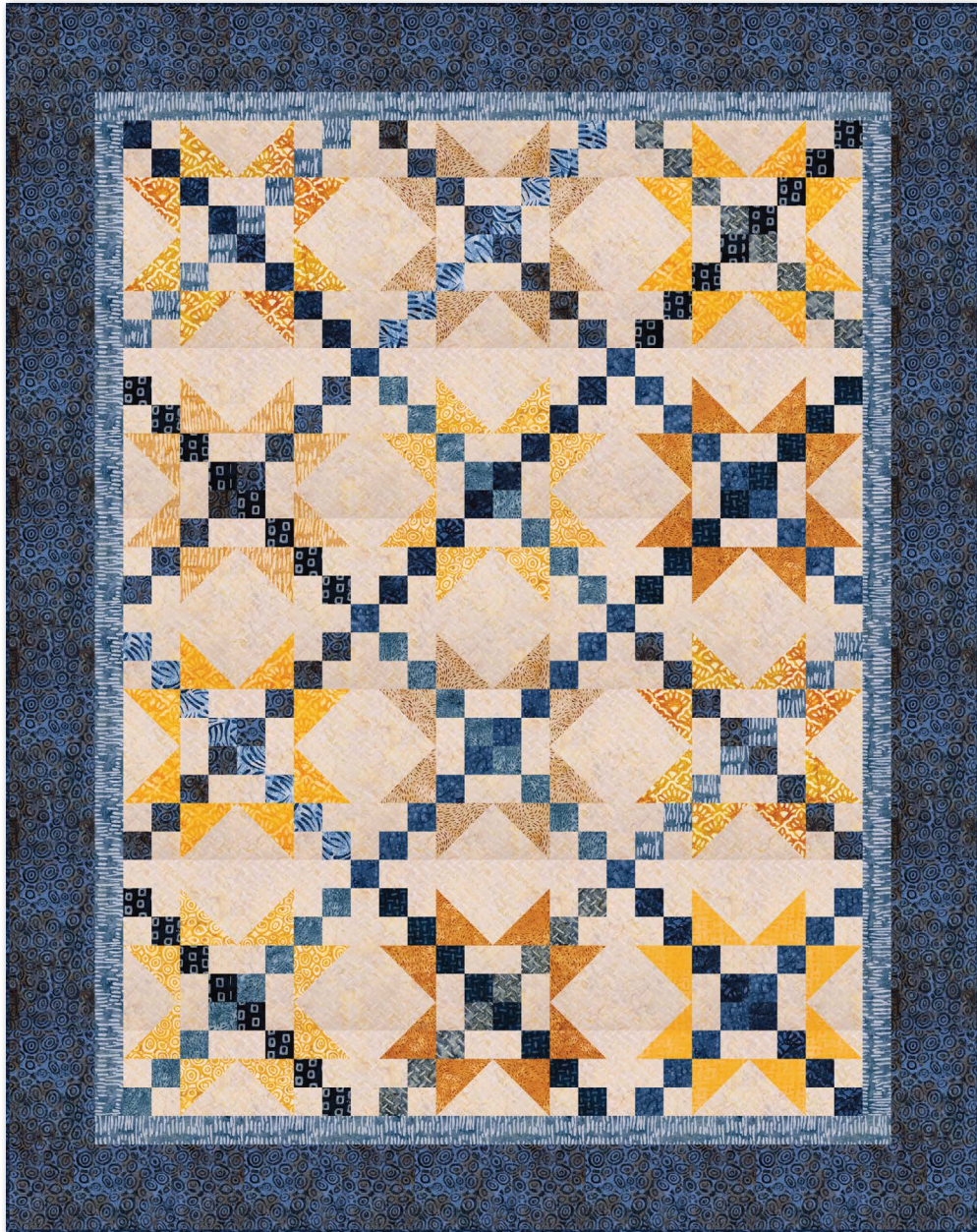



MOUNTAIN HIGH

 Riley Blake
DESIGNS™



68 ½" × 86 ½"

Mountain High

 = Confident Beginner

06/01/2024

MOUNTAIN HIGH

FINISHED QUILT SIZE 68 ½" × 86 ½"

Please read all instructions before beginning this project.
Yardage calculated using a 42" usable width of fabric.

GENERAL INSTRUCTIONS

Please check www.rileyblakedesigns.com/pattern-updates for any revisions before starting this project. This pattern requires a basic knowledge of quilting techniques and terminology. The quilt and block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric. It is not recommended to prewash fabric before cutting and assembling.

WOF = Width of Fabric
RST = Right Sides Together
FG = Flying Geese

FABRIC REQUIREMENTS

All fabrics are from the Mountain High Expressions Batiks collection unless stated otherwise.

⅛ yard of each:

BTHH1324 Haze
BTHH1325 Chelsey
BTHH1326 Storm

¼ yard of each:

BTHH1322 Bayern
BTHH1330 Millennium
BTHH1327 Delft
BTHH1316 Gold
BTHH1320 Aspen
BTHH1315 Straw
BTHH1317 Grain
BTHH1318 Wheat
BTHH1319 Raffia
BTHH1321 Amber

⅝ yard BTHH1323 Yonder

⅞ yard BTHH1329 Glaucous (includes binding)

1 ½ yards BTHH1328 Dungaree

2 ½ yards BTHH1314 Rice (background)

OTHER SUPPLIES

Basic Sewing Supplies

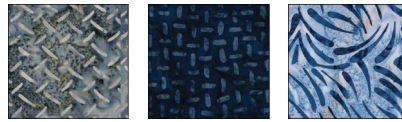
2 ⅞ yards Wide Back backing fabric of your choice
(suggested BTWB179 Dark Blue)

Batting

CUTTING INSTRUCTIONS

When cutting fabrics, use a straight edge ruler and rotary cutter. Measurements include ¼" seam allowance. Label, allocate, and organize all cuts as noted.

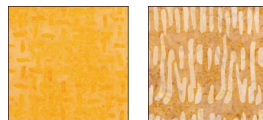
Note: Keep all A-squares organized in (24) sets of (8) matching squares. Keep all C-squares organized in (12) sets of (4) matching squares.



From each ⅛ yard cut of Haze, Chelsey, and Storm
Cut (1) 2 ½" × WOF strip; subcut:
(16) 2 ½" × 2 ½" squares. Label as A.

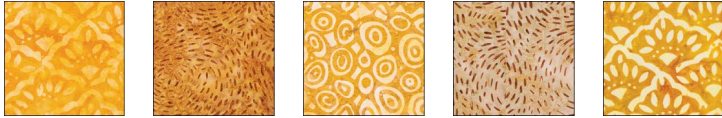


From each ¼ yard cut of Bayern, Millennium, and Delft
Cut (2) 2 ½" × WOF strips; subcut:
(24) 2 ½" × 2 ½" squares. Label as A.
From Delft only, cut (6) additional 2 ½" × 2 ½" squares.
Label as B.



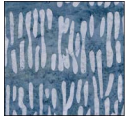
From each ¼ yard cut of Gold and Aspen
Cut (1) 4 ⅞" × WOF strip; subcut:
(4) 4 ⅞" × 4 ⅞" squares. Label as C.

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From each $\frac{1}{4}$ yard cut of Straw, Grain, Wheat, Raffia, and Amber

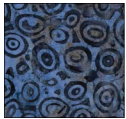
Cut (1) $4\frac{7}{8}$ " \times WOF strip; subcut:
(8) $4\frac{7}{8}$ " \times $4\frac{7}{8}$ " squares. Label as C.



Yonder

Cut (8) $2\frac{1}{2}$ " \times WOF strips. Sew (7) WOF strips together end-to-end. Subcut:

(2) $2\frac{1}{2}$ " \times $70\frac{1}{2}$ " strips. Label as D.
(2) $2\frac{1}{2}$ " \times $56\frac{1}{2}$ " strips. Label as E.
From the remaining strip, subcut
(16) $2\frac{1}{2}$ " \times $2\frac{1}{2}$ " squares. Label as A.



Dungaree

Cut (7) $6\frac{1}{2}$ " \times WOF strips. Sew the strips together end-to-end and subcut:

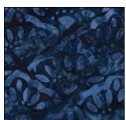
(2) $6\frac{1}{2}$ " \times $74\frac{1}{2}$ " strips. Label as F.
(2) $6\frac{1}{2}$ " \times $68\frac{1}{2}$ " strips. Label as G.

Cut (2) $2\frac{1}{2}$ " \times WOF strips; subcut:
(32) $2\frac{1}{2}$ " \times $2\frac{1}{2}$ " squares. Label as A.



Rice

Cut (3) $9\frac{1}{4}$ " \times WOF strips; subcut:
(12) $9\frac{1}{4}$ " squares. Label as H.
Cut (20) $2\frac{1}{2}$ " \times WOF strips; subcut:
(17) $2\frac{1}{2}$ " \times $16\frac{1}{2}$ " rectangles. Label as I.
(48) $2\frac{1}{2}$ " \times $4\frac{1}{2}$ " rectangles. Label as J.
(96) $2\frac{1}{2}$ " \times $2\frac{1}{2}$ " squares. Label as K.



Glaucous

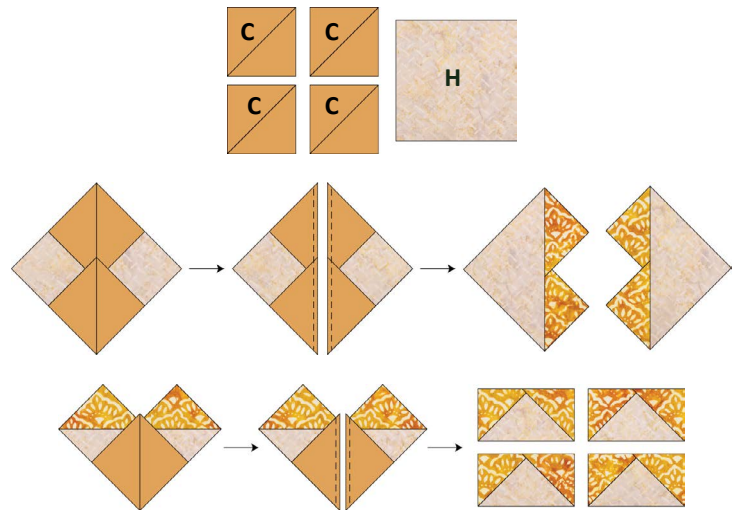
Cut (10) $2\frac{1}{2}$ " \times WOF strips; subcut:
(24) $2\frac{1}{2}$ " \times $2\frac{1}{2}$ " squares. Label as A.
Set (8) strips aside for binding.

SEWING TECHNIQUES

Sew all seams RST and with a $\frac{1}{4}$ " seam allowance unless stated otherwise. Refer to the quilt layout diagram for placement of the prints. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Please refer to the following general sewing technique as this method is referenced throughout the pattern in its abbreviated form.

4-AT-A-TIME FLYING GEESE (FG)

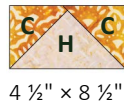
Gather (1) H-square and (4) C-squares. Draw a diagonal line from corner to corner on the wrong side of each of the C-squares. Place (2) C-squares RST on the H-square, matching raw edges in opposite corners as shown. The C-squares will overlap and the diagonal lines should form one long line. Sew $\frac{1}{4}$ " on each side of the drawn line. Cut on the drawn line. Flip the C-triangles away from the bottom triangle and press. Take (1) subunit just created and place (1) C-square RST on the H-triangle, matching raw edges in the corner. Sew $\frac{1}{4}$ " on each side of the drawn line. Cut on the drawn line. Repeat with the remaining subunit and C-square. Press and trim to the indicated size.



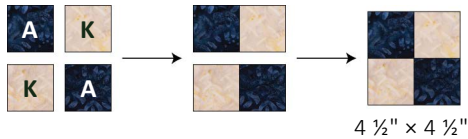
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BLOCK ASSEMBLY

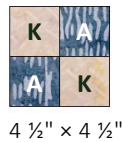
1. Gather (1) **H**-square and (1) set of (4) matching **C**-squares. Using the FG method, make (4) FG that each measure $4\frac{1}{2}'' \times 8\frac{1}{2}''$.



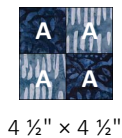
2. Gather (2) sets (8) matching **A**-squares and (8) **K**-squares. Set (4) of each set of **A**-squares aside. Follow the diagrams to make (2) matching 4-Patch Units. Each unit should measure $4\frac{1}{2}'' \times 4\frac{1}{2}''$.



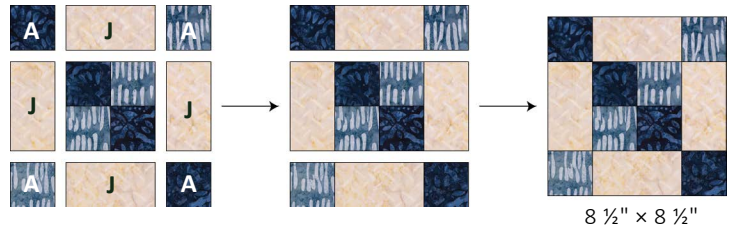
3. Repeat step 2 using the second set of **A**-squares to make (2) matching 4-Patch Units that each should measure $4\frac{1}{2}'' \times 4\frac{1}{2}''$.



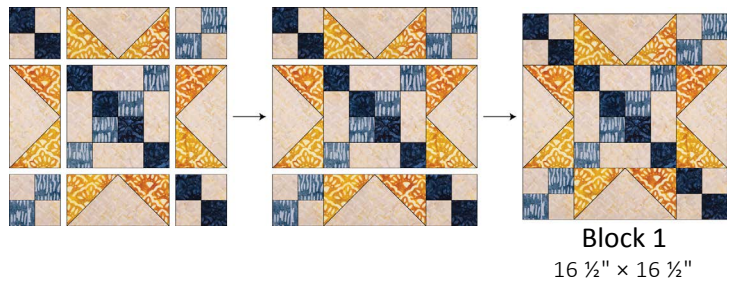
4. Repeat step 2 using (2) **A**-squares from *each* set to make (1) Center 4-Patch Unit that measures $4\frac{1}{2}'' \times 4\frac{1}{2}''$.



5. Follow the diagrams using the remaining **A**-squares, (4) **J**-rectangles, and the Center 4-Patch Unit to make (1) Center Square that measures $8\frac{1}{2}'' \times 8\frac{1}{2}''$.



6. Follow the diagrams, paying close attention to the orientation of the units, to arrange and sew (1) block as shown. Block 1 should measure $16\frac{1}{2}'' \times 16\frac{1}{2}''$.



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7. Repeat steps 1-6 to make a total of (12) blocks as shown.



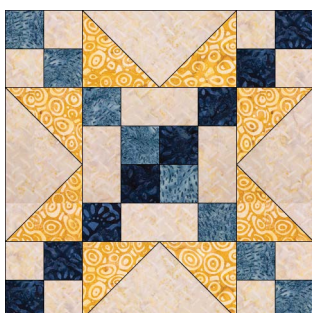
Block 2



Block 3



Block 4



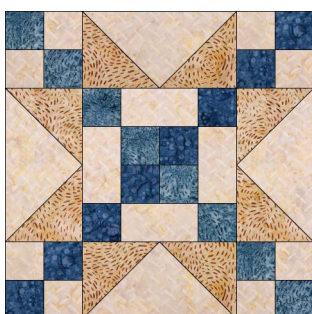
Block 5



Block 6



Block 7



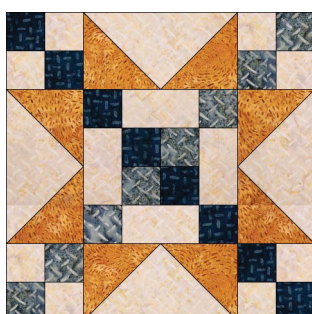
Block 8



Block 9



Block 10



Block 11



Block 12

MOUNTAIN HIGH

QUILT ASSEMBLY

8. Arrange the blocks, **I**-rectangles, and **B**-squares as shown. Sew the blocks and pieces together to form rows, then sew the rows together. The quilt center should measure $52\frac{1}{2}'' \times 70\frac{1}{2}''$.
9. Sew the **D**-strips to each side of the quilt center, followed by the **E**-strips to the top and bottom.
10. Sew the **F**-strips to each side, followed by the **G**-strips to the top and bottom. The completed quilt top should measure $68\frac{1}{2}'' \times 86\frac{1}{2}''$.



$68\frac{1}{2}'' \times 86\frac{1}{2}''$

MOUNTAIN HIGH

QUILT LAYOUT DIAGRAM



FINISHING INSTRUCTIONS

11. Finish your quilt by layering the quilt top, batting, and backing. Baste quilt layers together and quilt as desired. Sew the Glaucous binding strips together end-to-end. Then bind the trimmed, finished quilt using your favorite binding method.

Enjoy and share your quilt using the hashtags [#mountainhighfabric](#), [#mountainhighquilt](#), [#rileyblakedesigns](#), and [#iloverileyblake](#).