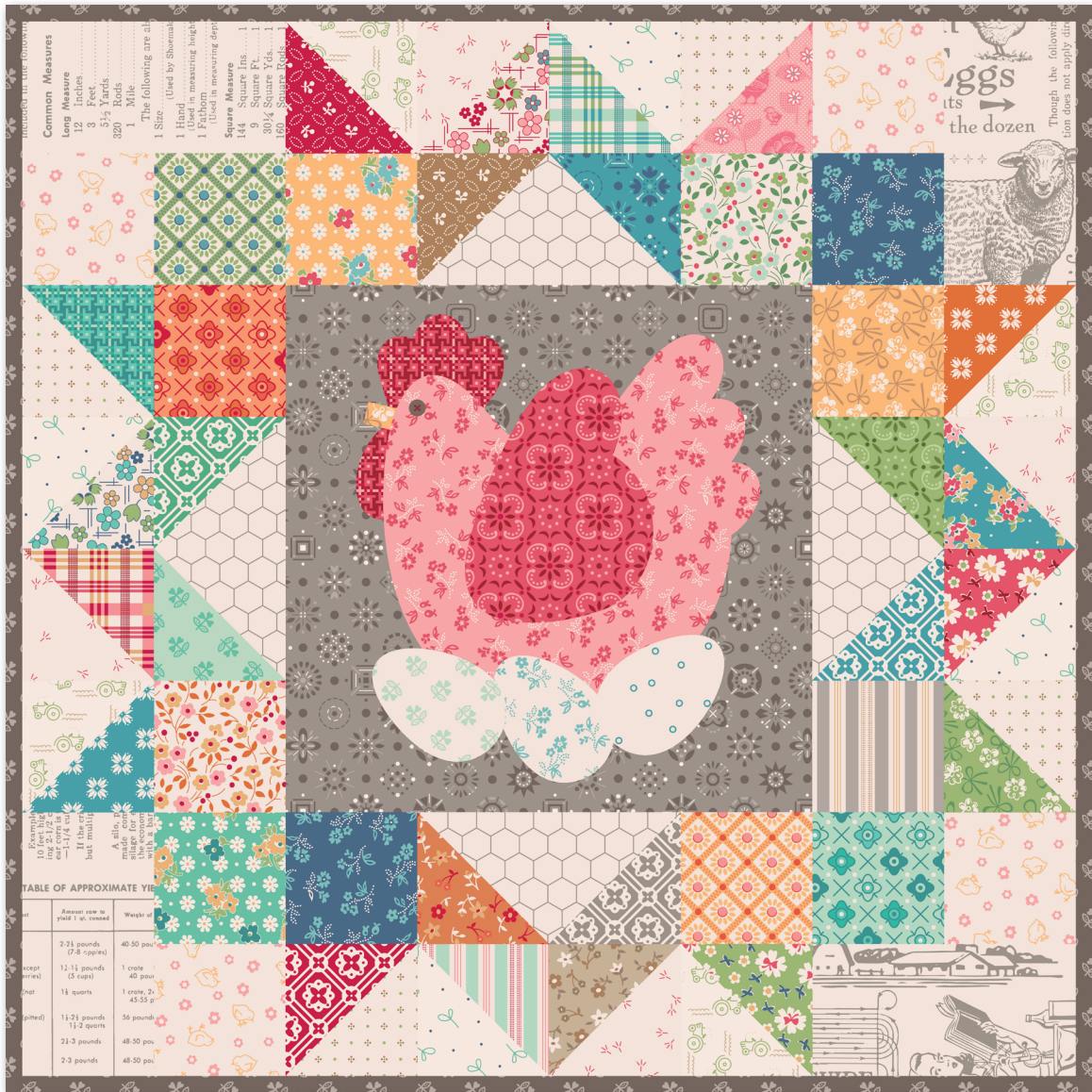


# HAPPY HEN BLOCK

Riley Blake  
DESIGNS®



16" x 16"



= Confident Beginner

FARMER'S  
Daughter  
by Lori Holt of Bee in my Bonnet

01/01/2026

# HAPPY HEN BLOCK

This pattern is intended to be used in conjunction with Lori Holt's Farmer's Daughter Fabric Collection. Join Lori on her blog at [beeinmybonnetco.blogspot.com](http://beeinmybonnetco.blogspot.com) for other ideas and inspiration. Enjoy and share your block using the hashtags: #farmersdaughterfabric, #happyhenblock, #beeinmybonnet, #rileyblakedesigns, and #iloverileyblake.

Sew this block and finish it as a pillow or mini quilt. You can also make multiple blocks to use in larger projects, such as a table runner, wall hanging, or quilt. Get creative!

## FINISHED BLOCK SIZE 16" x 16"

Please read all instructions before beginning this project. Yardage calculated using a 42" usable width of fabric. Pattern designed by Lori Holt of Bee in my Bonnet.

## GENERAL INSTRUCTIONS

Please check [www.rileyblakedesigns.com/pattern-updates](http://www.rileyblakedesigns.com/pattern-updates) or scan the QR Code for any updates before starting this project. This pattern requires a basic knowledge of quilting techniques and terminology. The block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric. It is not recommended to prewash fabric before cutting and assembling.



WOF = Width of Fabric  
RST = Right Sides Together  
SNF-FG = Stitch and Flip Flying Geese  
HST = Half Square Triangle

## FABRIC REQUIREMENTS

Fabric is from the Farmer's Daughter collection unless stated otherwise.

Approximately ¼ yard total scraps of colored fabric (pieced block and Hen Beak appliqué—see cutting for exact measurements needed)

Approximately ¼ yard total scraps of background fabric (pieced block and Egg appliqué—see cutting for exact measurements needed)

### Additional Fabrics:

- (1) 9 ½" x 9 ½" square C17173-RUSTIC Handmade (appliqué background)
- (1) 6 ½" x 6 ½" square C17170-CORAL Vintage (Hen Body appliqué)

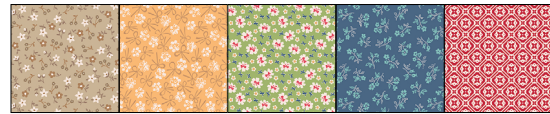
- (1) 3 ¾" x 4 ¾" rectangle C17163-TEAROSE Bandana (Hen Wing appliqué)
- (1) 3" x 4" rectangle C17179-CHERRYTART Weave (Comb & Waddle appliqué)
- ¼ yard C17168-MILKCAN Clover (optional binding for one block as shown on cover)

## OTHER SUPPLIES

Basic Sewing Supplies  
⅓ yard fabric of your choice (optional backing for one block as shown on cover)  
Batting  
Happy Hen Sew Simple Shapes™  
10" Precut Sew-In Interfacing (ST-31263)  
Lori Holt Cute Cuts Trim-It Ruler 8 ½" x 8 ½" (STTI-5529)  
¼"-diameter button: brown  
Clover #464/12 Bias Tape Maker 12 mm (½") (N039-464-12)  
Sue Daley Designs Appliqué Glue (N093-GLUE) (optional)

## CUTTING INSTRUCTIONS

When cutting fabrics, use a straight edge ruler and rotary cutter. Measurements include ¼" seam allowance. Label, allocate, and organize all cuts as noted.



### Colored Fabric Scraps

Cut (36) 2 ½" x 2 ½" squares. Label as A.

From yellow scrap, cut (1) 1" x 4" rectangle.

Trim one end of the rectangle at an angle. Insert the angled edge into the bias tape maker with the wrong side of the fabric facing up. Use a pin to move the fabric forward if needed. Place the tip of the fabric on your pressing surface, then gently pull the bias tape maker while pressing the fabric to make (1) ½"- wide single-fold straight bias strip.

From prepared ½"- wide single-fold straight bias strip, cut:  
(1) ½" x 2" rectangle for Hen Beak Unit.



### Background Fabric Scraps

Cut (8) 2 ½" x 4 ½" rectangles. Label as B.  
Cut (20) 2 ½" x 2 ½" squares. Label as C.  
Cut (3) 2 ¼" x 3" rectangles for Egg appliqué.

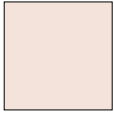


# HAPPY HEN BLOCK



## Milk Can Clover

Cut (2)  $2\frac{1}{2}" \times \text{WOF}$  strips. Set aside for optional binding.



## Sew-In Interfacing

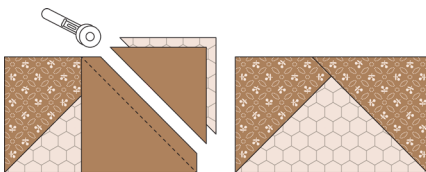
Cut (1)  $6\frac{1}{2}" \times 6\frac{1}{2}"$  square.  
Cut (1)  $3\frac{3}{4}" \times 4\frac{3}{4}"$  rectangle.  
Cut (1)  $3" \times 4"$  rectangle.  
Cut (3)  $2\frac{1}{4}" \times 3"$  rectangles.

## SEWING TECHNIQUES

Sew all seams RST and with a  $\frac{1}{4}"$  seam allowance unless stated otherwise. Refer to the Block Layout Diagram for placement of the fabrics. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Please refer to the following general sewing techniques as these methods are referenced throughout the pattern in their abbreviated form.

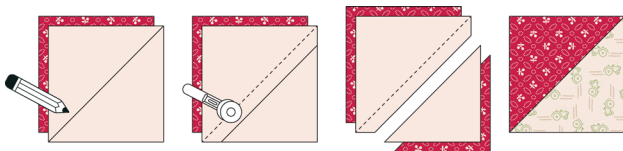
### STITCH AND FLIP FLYING GEESE METHOD (SNF-FG)

Draw a diagonal line, corner to corner, on the wrong side of (2) squares. Place (1) square in a corner of (1) rectangle, RST, matching raw edges in the corner to be replaced. Sew on the drawn line. Trim the seam allowance outside the sewn line to  $\frac{1}{4}"$ . Flip the square away from the rectangle and press, replacing the corner. Repeat with the second square in the opposite corner. The size of the original rectangle does not change.



### 1-AT-A-TIME HALF SQUARE TRIANGLE METHOD (HST)

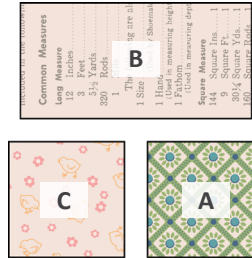
Place (2) squares RST. Draw a diagonal line, corner to corner, on the wrong side of (1) square. Sew on the drawn line. Trim the seam allowance outside the sewn line to  $\frac{1}{4}"$ . Press toward the darker fabric.



## BLOCK ASSEMBLY

1. Sew (1) **C**-square and (1) **A**-square together as shown below. Next, sew (1) **B**-rectangle to the top to make (1) Corner Unit. Repeat to make (4) total units.

Make (4)



$4\frac{1}{2}" \times 4\frac{1}{2}"$

2. Use the 1-at-a-time HST method with (1) **A**-square and (1) **C**-square to make (1) HST unit. Repeat to make (16) total units.

Make (16)



$2\frac{1}{2}" \times 2\frac{1}{2}"$

3. Use the SNF-FG method to sew (1) **A**-square to each top corner of (1) **B**-rectangle to make (1) SNF-FG unit. Repeat to make (4) total units.

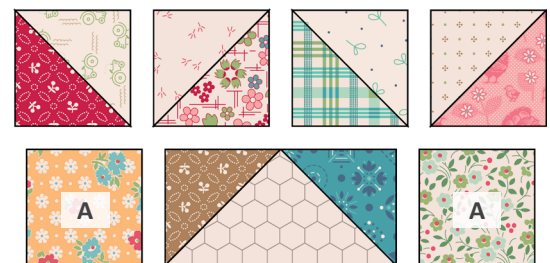
Make (4)



$2\frac{1}{2}" \times 4\frac{1}{2}"$

4. Arrange (4) HST units, (2) **A**-squares, and (1) SNF-FG unit as shown below, paying careful attention to orientation of each unit. Sew the units and squares together into rows. Next, sew the rows together to make (1) Side Unit. Repeat to make (4) total units.

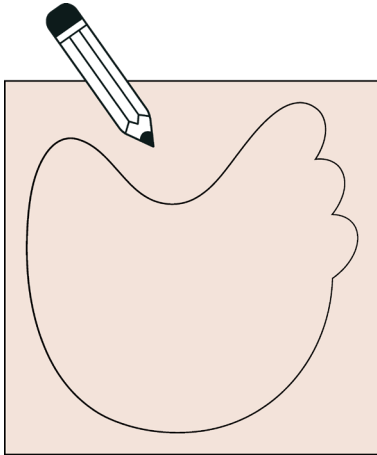
Make (4)



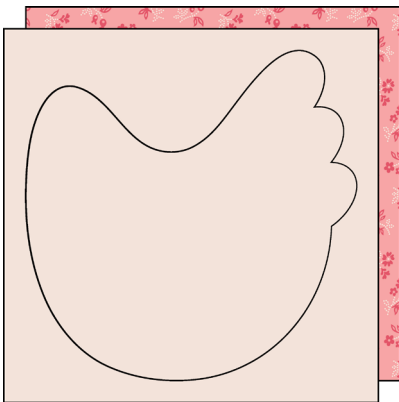
$4\frac{1}{2}" \times 8\frac{1}{2}"$

# HAPPY HEN BLOCK

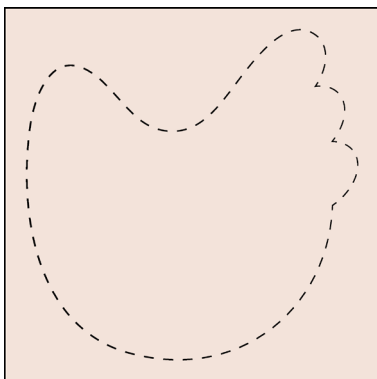
- Center the Hen Body Sew Simple Shape™ on (1) 6 ½" × 6 ½" interfacing square and trace around the shape.



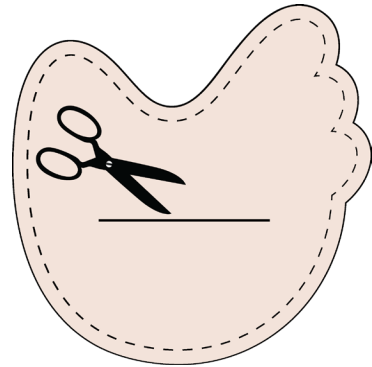
- Arrange (1) Coral Vintage 6 ½" × 6 ½" square right side up and layer the Step 5 interfacing square on top with the drawn side up.



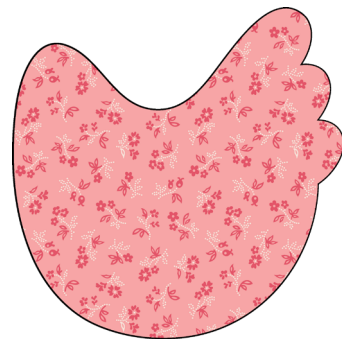
- Sew on the drawn line, backstitching at the beginning and end.



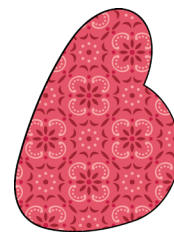
- Trim the excess fabric ¼" outside the sewn line. Cut a slit in the interfacing side of the sewn Step 7 piece, making sure not to cut through the fabric.



- Turn the Hen Body piece right side out and push out the edges evenly. Press to make (1) Hen Body Unit.



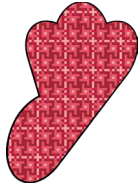
- Repeat steps 5-9 using (1) 3 ¾" × 4 ¾" interfacing rectangle, (1) Tea Rose Bandana 3 ¾" × 4 ¾" rectangle, and the Hen Wing Sew Simple Shape™ to make (1) Hen Wing Unit.





# HAPPY HEN BLOCK

- Repeat steps 5-9 using (1) 3" x 4" interfacing rectangle, (1) Cherry Tart Weave 3" x 4" rectangle, and the Comb & Waddle Sew Simple Shape™ to make (1) Comb & Waddle Unit.

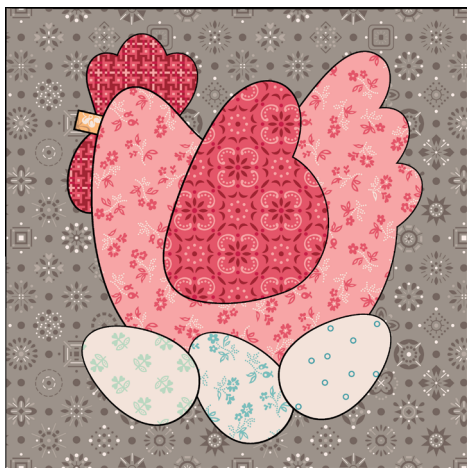


- Repeat steps 5-9 using (1) 2 1/4" x 3" interfacing rectangle, (1) background fabric 2 1/4" x 3" rectangle, and the Egg Sew Simple Shape™ to make (1) Egg Unit. Repeat to make (3) total units.

Make (3)



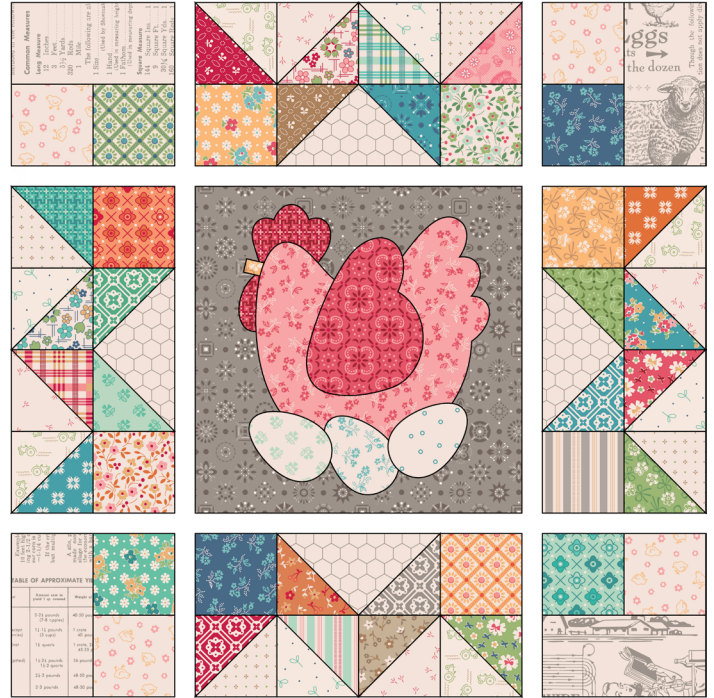
- Arrange and center in this order (1) Comb & Waddle Unit, (1) Hen Beak Unit, (1) Hen Body Unit, (1) Hen Wing Unit, and (3) Egg Units on (1) Rustic Handmade 9 1/2" x 9 1/2" square as shown below. Use Sue Daley Designs Appliqué Glue or pins to hold the units in place. Appliqué the units to the square using the appliqué method of your choice to make (1) Center Unit. Center and square up the unit to measure 8 1/2" x 8 1/2" using the Lori Holt Cute Cuts™ Trim-it™ Ruler.



8 1/2" x 8 1/2"

- Arrange (4) Corner Units, (4) Side Units, and (1) Center Unit as shown below. Sew the units together into rows. Next, sew the rows together to make (1) block.

## BLOCK LAYOUT DIAGRAM



16 1/2" x 16 1/2"

## FINISHING INSTRUCTIONS

- Sew (1) 1/4"-diameter button to the block for the hen's eye.
- If finishing (1) block as a mini quilt, layer the quilt top, batting, and backing. Baste the quilt layers together and quilt as desired. Sew the Milk Can Clover binding strips together end-to-end. Then bind the trimmed, finished quilt using your favorite binding method.

Enjoy and share your block using the hashtags:

[#farmersdaughterfabric](#), [#happyhenblock](#), [#beeinmybonnet](#), [#rileyblakedesigns](#), and [#iloverileyblake](#).