STAR RUNNER: GREEN
MACHINE EMBROIDERY SETTING

rbd &m.e.™
MACHINE EMBROIDERY



25 ½" × 76 ½"



= Confident Beginner

CHRISTMAS GREETINGS
by Sandy Gervais

09/15/2026

STAR RUNNER: GREEN

FREE PATTERN DISCLOSURE FOR MACHINE EMBROIDERY

This free pattern provides instructions for sewing a quilted table runner, using machine embroidered Assets as focal points. Machine embroidery Asset instructions are not included. USBs with machine embroidered Assets are available at **www.rileyblakedesigns.com/me-christmas-greetings-assets**

For best results, especially when fussy cutting, we recommend cutting your background fabric with approximately **2"of extra fabric on all sides** of the finished design. If you choose to use this method, additional background fabric may be required beyond the amounts listed in the pattern.

FINISHED RUNNER SIZE 25 ½" × 76 ½"

Please read all instructions before beginning this project.
Yardage calculated using a 42" usable width of fabric.
Pattern designed by The RBD Designers.

GENERAL INSTRUCTIONS

Please check *www.rileyblakedesigns.com/pattern-updates* or scan the QR Code for any updates before starting this project. This pattern requires a basic knowledge of quilting techniques and terminology. The runner and block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric. It is not recommended to prewash fabric before cutting and assembling.

WOF = Width of Fabric
RST = Right Sides Together
HST = Half Square Triangle
SNF-FG = Stitch and Flip Flying Geese

OPTIONAL CROSSHAIRS

Each RBD&M.E.™ file includes an optional crosshair as the final color stop. The crosshairs mark the horizontal and vertical center of the finished design and can be used to help accurately center, position, cut, or fussy cut your project.

Stitch the final crosshair color stop only when needed. To remove the crosshairs, carefully pull out the visible crosshair stitches after completing the necessary centering, positioning, cutting, or fussy cutting.

FABRIC REQUIREMENTS

Fabric is from the Christmas Greetings collection.

⅝ Yard of Each:
CD17660-SPRUCE Main
C17667-CREAM Christmas Lights

Additional Fabrics:
¼ yard C17666-CREAM Twinkle
⅓ yard C17662-CREAM Berries
½ yard C17663-SPRUCE Holly
¾ yard C17662-GREEN Berries (includes binding)

OTHER SUPPLIES

Basic Sewing Supplies
2 ½ yards backing fabric of your choice
Batting

CUTTING INSTRUCTIONS

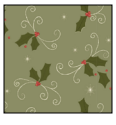
When cutting fabrics, use a straight edge ruler and rotary cutter. Measurements include ¼" seam allowance. Label, allocate, and organize all cuts as noted.



Cream Twinkle
Cut (1) 6 ½" × WOF strip. Subcut:
(4) 6 ½" × 6 ½" squares. Label as A.



Cream Berries
Cut (3) 3 ½" × WOF strips. Subcut:
(32) 3 ½" × 3 ½" squares. Label as B.



Spruce Holly
Cut (1) 4" × WOF strip. Subcut:
(8) 4" × 4" squares. Label as C.
Cut (3) 3 ½" × WOF strips. Subcut:
(16) 3 ½" × 6 ½" rectangles. Label as D.

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Spruce Main

Cut (5) 4" × WOF strips. Piece together end-to-end; subcut:

(2) 4" × 69 ½" strips. Label as E.

(2) 4" × 25 ½" strips. Label as F.



Cream Christmas Lights

Cut (2) 9 ½" × WOF strips. Subcut:

(8) 9 ½" × 9 ½" squares. Cut each square in half diagonally to make (16) total triangles. Label as G.



Green Berries

Cut (1) 4" × WOF strip. Subcut:

(8) 4" × 4" squares. Label as H.

Cut (6) 2 ½" × WOF strips. Set aside for binding.

Cut (5) 1" × WOF strips. Piece together end-to-end; subcut:

(2) 1" × 68 ½" strips. Label as I.

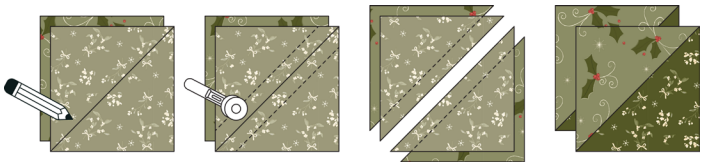
(2) 1" × 18 ½" strips. Label as J.

SEWING TECHNIQUES

Sew all seams RST and with a ¼" seam allowance unless stated otherwise. Refer to the Runner Layout Diagram for placement of the fabrics. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Please refer to the following general sewing techniques as these methods are referenced throughout the pattern in their abbreviated form.

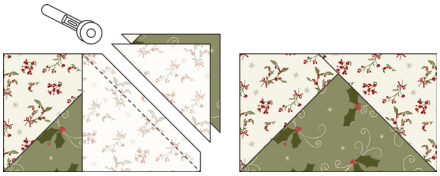
2-AT-A-TIME HALF SQUARE TRIANGLE METHOD (HST)

Place (2) squares RST. Draw a diagonal line, corner to corner, on the wrong side of (1) square. Sew ¼" on each side of the drawn line. Cut on the drawn line to create (2) HSTs. Press toward the darker fabric. Trim HSTs to the indicated size.



STITCH AND FLIP FLYING GEESE METHOD (SNF-FG)

Draw a diagonal line, corner to corner, on the wrong side of (2) squares. Place (1) square in a corner of (1) rectangle, RST, matching raw edges in the corner to be replaced. Sew on the drawn line. Trim the seam allowance outside the sewn line to ¼". Flip the square away from the rectangle and press, replacing the corner. Repeat with the second square in the opposite corner. The size of the original rectangle does not change.



BLOCK ASSEMBLY

1. Gather the required pieces and use the 2-at-a-time HST method to make the unit shown below, referencing the diagram for quantity, proper placement, and orientation.

Make (16)



3 ½" × 3 ½"

2. Gather the required pieces and use the SNF-FG method to make the unit shown below, referencing the diagram for quantity, proper placement, and orientation.

Make (16)

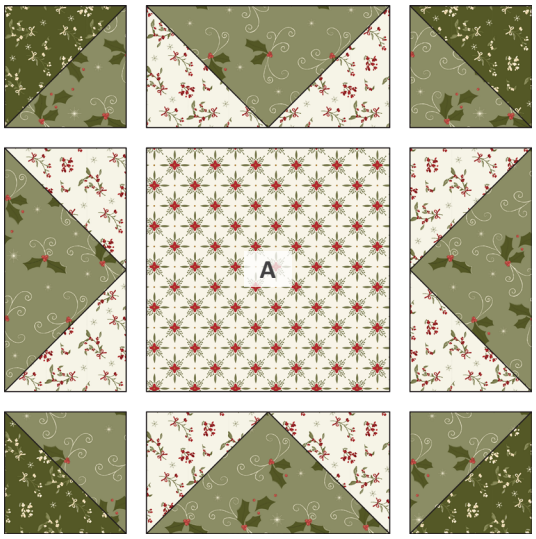


3 ½" × 6 ½"

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3. Arrange (4) HST units, (4) SNF-FG units, and (1) **A**-square as shown below. Sew the units and piece into rows. Next, sew the rows together to make (1) Star Unit. Repeat to make (4) total units.

Make (4)



12 ½" × 12 ½"

4. Sew (2) **G**-triangles to opposite sides of (1) Star Unit. Press triangles open. Next, add (2) **G**-triangles to remaining edges and press open. Center and trim unit to 17 ½" × 17 ½" to make (1) Star Block. Repeat to make (4) total blocks.

Make (4)



17 ½" × 17 ½"

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RUNNER ASSEMBLY

5. Sew together (4) Star Blocks as shown below to make the runner center.



17 ½" × 68 ½"

6. Sew (1) **I**-strip to the top and bottom of the runner center. Next, sew (1) **J**-strip to each side. In the same manner, sew **E**-strips to the top and bottom and **F**-strips to the sides to complete the runner top.

RUNNER LAYOUT DIAGRAM



25 ½" × 76 ½"

FINISHING INSTRUCTIONS

7. Layer the runner top, batting, and backing. Baste the runner layers together and quilt as desired. Sew the Green Berries binding strips together end-to-end. Then bind the trimmed, finished runner using your favorite binding method.

Enjoy and share your runner using the hashtags: *#christmasgreetingsfabric*, *#starrunner*, *#rbdmachineembroidery*, *#rileyblakedesigns*, and *#iloverileyblake*.

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