

Block 14: Love Is the Best Medicine by Tara Reed

6" x 6" or 12" x 12" Finished

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FABRIC REQUIREMENTS

C120-MELLOWROSE

(Fabric 1)

C16959-SUNNY

(Fabric 2)

C120-GOLDEN

(Fabric 3)

C120-CHAMPAGNEPINK

(Fabric 4)

C120-MINK

(Fabric 5)

RST = RIGHT SIDES TOGETHER

SNF = STITCH AND FLIP

Sew all seams RST and with a ¼" seam allowance. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Measurements in [] indicate unfinished measurements of 12" x 12" block.

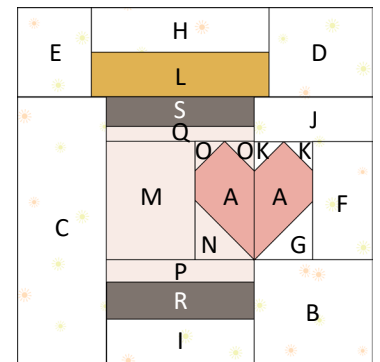


CUTTING INSTRUCTIONS

This block can be made in two sizes. Cut the pieces for your chosen size as listed below.

To make the quilt as shown, sew the 6" x 6" block.

FABRIC	LABEL	6" x 6"	12" x 12"
Fabric 1	A	(2) 1 ½" x 2 ½" rectangles	(2) 2 ½" x 4 ½" rectangles
Fabric 2	B	(1) 2 ¼" x 2 ½" rectangle	(1) 4" x 4 ½" rectangle
	C	(1) 2" x 5" rectangle	(1) 3 ½" x 9 ½" rectangle
	D	(1) 2" x 2 ¼" rectangle	(1) 3 ½" x 4" rectangle
	E	(1) 1 ¾" x 2" rectangle	(1) 3" x 3 ½" rectangle
	F	(1) 1 ½" x 2 ½" rectangle	(1) 2 ½" x 4 ½" rectangle
	G	(1) 1 ½" x 1 ½" square	(1) 2 ½" x 2 ½" square
	H	(1) 1 ¼" x 3 ½" rectangle	(1) 2" x 6 ½" rectangle
	I	(1) 1 ¼" x 3" rectangle	(1) 2" x 5 ½" rectangle
	J	(1) 1 ¼" x 2 ½" rectangle	(1) 2" x 4 ½" rectangle
	K	(2) 1" x 1" squares	(2) 1 ½" x 1 ½" squares
	L	(1) 1 ¼" x 3 ½" rectangle	(1) 2" x 6 ½" rectangle
Fabric 3	M	(1) 2" x 2 ½" rectangle	(1) 3 ½" x 4 ½" rectangle
	N	(1) 1 ½" x 1 ½" square	(1) 2 ½" x 2 ½" square
	O	(2) 1" x 1" squares	(2) 1 ½" x 1 ½" squares
	P	(1) 7/8" x 3" rectangle	(1) 1 ¼" x 5 ½" rectangle
	Q	(1) ¾" x 3" rectangle	(1) 1" x 5 ½" rectangle
Fabric 4	R	(1) 1 ⅞" x 3" rectangle	(1) 1 ¾" x 5 ½" rectangle
	S	(1) 1" x 3" rectangle	(1) 1 ½" x 5 ½" rectangle



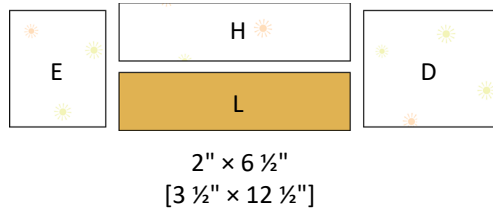
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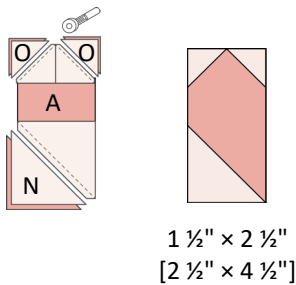
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SEWING INSTRUCTIONS

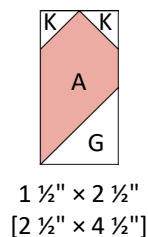
1. Sew (1) **H**-rectangle to the top of (1) **L**-rectangle. Next, sew (1) **E**-rectangle to the left side and (1) **D**-rectangle to the right side to make (1) Pill Bottle Cap Unit.



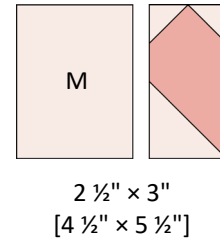
2. Draw a diagonal line on the wrong side of (1) **G**-square, (1) **N**-square, (2) **K**-squares, and (2) **O**-squares.
3. Align (2) marked **O**-squares on the top corners and (1) marked **N**-square on the bottom left corner of (1) **A**-rectangle, RST. Sew on the drawn diagonal lines. Trim excess corner fabric to 1/4". Press toward the corners to make (1) Left Heart Unit.



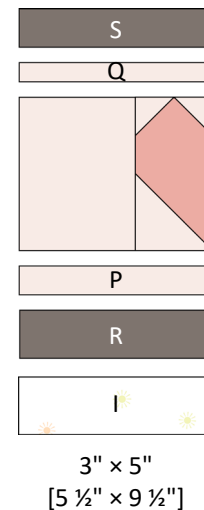
4. Gather the required pieces and use the SNF method from Step 3 to make (1) Right Heart Unit as shown below, referencing the diagram for proper placement and orientation.



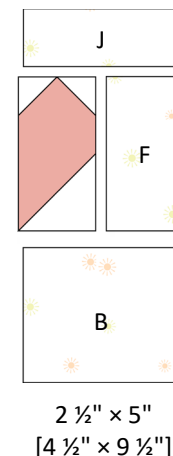
5. Sew (1) **M**-rectangle to the left side of (1) Left Heart Unit to make (1) Pill Bottle Center Unit.



6. Sew (1) **S**-rectangle, (1) **Q**-rectangle, (1) Pill Bottle Center Unit, (1) **P**-rectangle, (1) **R**-rectangle, and (1) **I**-rectangle together as shown below to make (1) Pill Bottle Unit.



7. Sew (1) **F**-rectangle to the right side of (1) Right Heart Unit. Next, sew (1) **J**-rectangle to the top and (1) **B**-rectangle to the bottom to make (1) Half Heart Unit.

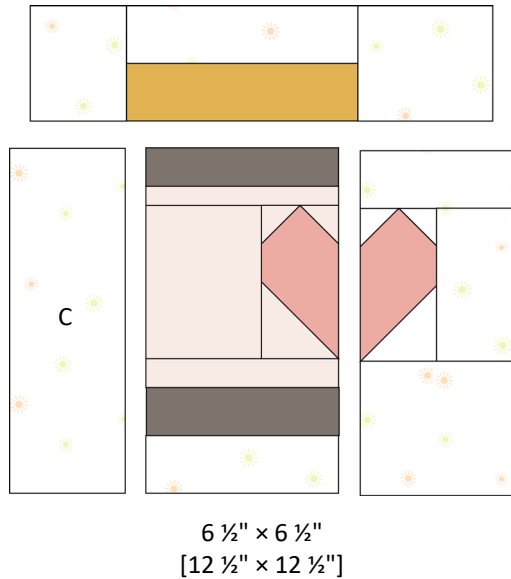


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8. Sew (1) **C**-rectangle, (1) Pill Bottle Unit, and (1) Half Heart Unit together as shown below. Next, sew (1) Pill Bottle Cap Unit to the top to make Block 14. Block 14 should measure 6 ½" × 6 ½" [12 ½" × 12 ½"] unfinished.



Your block is complete!

