Block 1: Strength Surrounds

by Heather Peterson

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FABRIC REQUIREMENTS

6" × 6" or 12" × 12" Finished

C120-CHIVE (Fabric 1) C16947-LADIES (Fabric 2) C120-GOLDEN (Fabric 3) C120-WEDGEWOOD (Fabric 4)

RST = RIGHT SIDES TOGETHER

FG = FIYING GEESE

HST = HALF SQUARE TRIANGLE

Sew all seams RST and with a 1/4" seam allowance. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Measurements in [] indicate unfinished measurements of 12" \times 12" block.



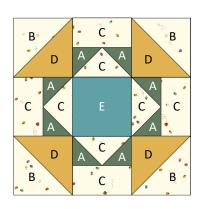




CUTTING INSTRUCTIONS

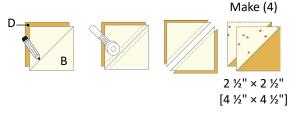
This block can be made in two sizes. Cut the pieces for your chosen size as listed below. To make the quilt as shown, sew the $12" \times 12"$ block.

FABRIC	LABEL	6"×6"	12" × 12"
Fabric 1	Α	(8) 1 ½" × 1 ½" squares	(8) 2 ½" × 2 ½" squares
Fabric 2	B C	(2) 3" × 3" squares (8) 1 ½" × 2 ½" rectangles	(2) 5" × 5" squares (8) 2 ½" × 4 ½" rectangles
Fabric 3	D	(2) 3" × 3" squares	(2) 5" × 5" squares
Fabric 4	Е	(1) 2 ½" × 2 ½" square	(1) 4 ½" × 4 ½" square



SEWING INSTRUCTIONS

- 1. Draw a diagonal line on the wrong side of (8) A-squares and (2) **B**—squares.
- 2. Place (1) marked **B**–square on (1) **D**–square, RST. Sew ¼" away from both sides of the drawn diagonal line. Cut along the drawn diagonal line and press to make (2) HST units. Trim each unit to measure $2 \frac{1}{2}$ " $\times 2 \frac{1}{2}$ " [4 $\frac{1}{2}$ " \times 4 $\frac{1}{2}$ "]. Repeat to make (4) total units.



3. Align (1) marked **A**-square with the top left corner of (1) **C**-rectangle, RST. Sew on the drawn diagonal line. Trim excess corner fabric to ¼". Press toward the corner. Next, align (1) marked **A**—square with the top right corner of the same **C**-rectangle, RST. Sew, trim, and press as before to make (1) FG unit. Repeat to make (4) total units.







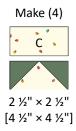
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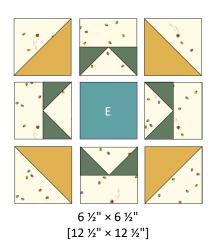
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 $6" \times 6"$ or $12" \times 12"$ Finished

4. Sew (1) **C**—rectangle and (1) FG unit together to make (1) Side Unit. Repeat to make (4) total units.



5. Arrange (4) HST units, (4) Side Units, and (1) **E**–square as shown below. Sew the units and square together into rows. Next, sew the rows together to make Block 1. Block 1 should measure 6 %" × 6 %" [12 %" × 12 %"] unfinished.



Your block is complete!

