

Block 5: Serenity

6" x 6" or 12" x 12" Finished

by Sue Daley

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FABRIC REQUIREMENTS

C120-MELLOWROSE

(Fabric 1)

C16958-DRAGONFLIES

(Fabric 2)

C120-GOLDEN

(Fabric 3)

C120-MARSALA

(Fabric 4)

C120-MOSS

(Fabric 5)

C120-COLONIAL

(Fabric 6)

C120-SANGRIA

(Fabric 7)

RST = RIGHT SIDES TOGETHER

Sew all seams RST and with a ¼" seam allowance. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Measurements in [] indicate unfinished measurements of 12" x 12" block.

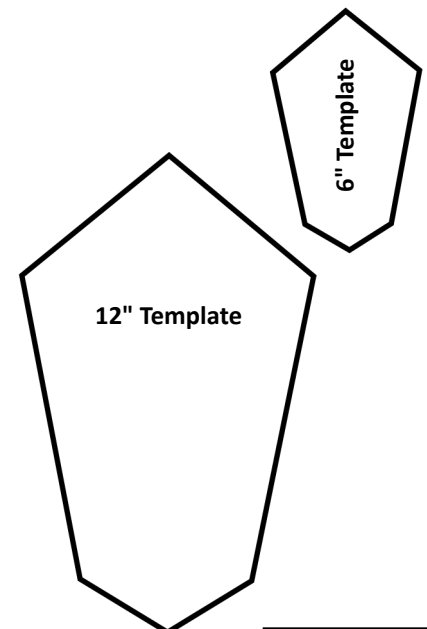
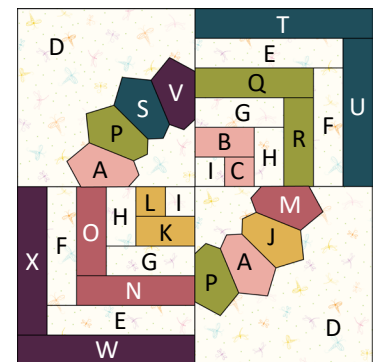


CUTTING INSTRUCTIONS

This block can be made in two sizes. Cut the pieces for your chosen size as listed below.

To make the quilt as shown, sew the 12" x 12" block.

FABRIC	LABEL	6" x 6"	12" x 12"
Fabric 1	A	(2) 1 ¾" x 2 ½" rectangles	(2) 2 ½" x 3 ½" rectangles
	B	(1) 1" x 1 ½" rectangle	(1) 1 ½" x 2 ½" rectangle
	C	(1) 1" x 1" square	(1) 1 ½" x 1 ½" square
Fabric 2	D	(2) 3 ½" x 3 ½" squares	(2) 6 ½" x 6 ½" squares
	E	(2) 1" x 3" rectangles	(2) 1 ½" x 5 ½" rectangles
	F	(2) 1" x 2 ½" rectangles	(2) 1 ½" x 4 ½" rectangles
	G	(2) 1" x 2" rectangles	(2) 1 ½" x 3 ½" rectangles
	H	(2) 1" x 1 ½" rectangles	(2) 1 ½" x 2 ½" rectangles
	I	(2) 1" x 1" squares	(2) 1 ½" x 1 ½" squares
Fabric 3	J	(1) 1 ¾" x 2 ½" rectangle	(1) 2 ½" x 3 ½" rectangle
	K	(1) 1" x 1 ½" rectangle	(1) 1 ½" x 2 ½" rectangle
	L	(1) 1" x 1" square	(1) 1 ½" x 1 ½" square
Fabric 4	M	(1) 1 ¾" x 2 ½" rectangle	(1) 2 ½" x 3 ½" rectangle
	N	(1) 1" x 2 ½" rectangle	(1) 1 ½" x 4 ½" rectangle
	O	(1) 1" x 2" rectangle	(1) 1 ½" x 3 ½" rectangle
Fabric 5	P	(2) 1 ¾" x 2 ½" rectangles	(2) 2 ½" x 3 ½" rectangles
	Q	(1) 1" x 2 ½" rectangle	(1) 1 ½" x 4 ½" rectangle
	R	(1) 1" x 2" rectangle	(1) 1 ½" x 3 ½" rectangle
Fabric 6	S	(1) 1 ¾" x 2 ½" rectangle	(1) 2 ½" x 3 ½" rectangle
	T	(1) 1" x 3 ½" rectangle	(1) 1 ½" x 6 ½" rectangle
	U	(1) 1" x 3" rectangle	(1) 1 ½" x 5 ½" rectangle
Fabric 7	V	(1) 1 ¾" x 2 ½" rectangle	(1) 2 ½" x 3 ½" rectangle
	W	(1) 1" x 3 ½" rectangle	(1) 1 ½" x 6 ½" rectangle
	X	(1) 1" x 3" rectangle	(1) 1 ½" x 5 ½" rectangle



Print at 100%.
This square
should
measure 1".

Block 5: Serenity

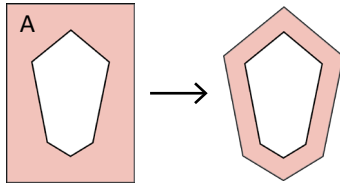
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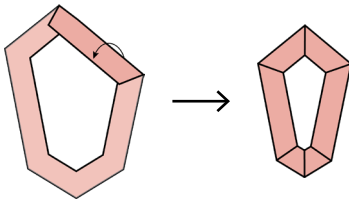
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SEWING INSTRUCTIONS

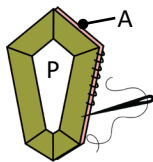
1. Use a pencil to trace the template of your chosen block size from page 1 onto sturdy paper (8) times. Carefully cut out each paper template on the traced lines.
2. Place and center (1) paper template on the wrong side of (1) **A**-rectangle. Cut out the fabric approximately $\frac{3}{8}$ " larger than the template on all sides.



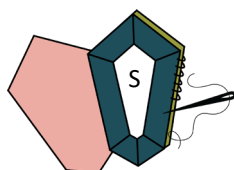
3. Use a glue pen to add a thin line of glue approximately $\frac{1}{8}$ " away from (1) paper template edge. Fold the excess fabric over the template edge and finger-press to secure the fabric to the glue.
4. Repeat the Step 3 process with each template edge to make (1) **A**-shape. Do not remove the paper template.



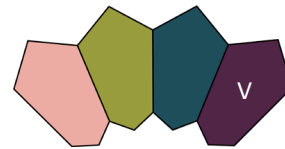
5. Repeat steps 2-4 with the remaining **A**-rectangle, and each **J**-, **M**-, **P**-, **S**- and **V**-rectangles to make (8) total shapes.
6. Layer (1) **P**-shape on (1) **A**-shape with RST. If desired, pin or clip the shapes together. Beginning at the top of the right edges, hand-sew the edges together with tiny whipstitches that catch a couple threads of each fabric fold. Knot the thread at the start and end of the stitching. Do not stitch through the paper templates. Finger-press open.



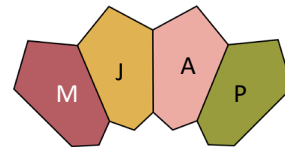
7. Repeat Step 6 to sew (1) **S**-shape to the edge of the **P**-shape. Finger-press open.



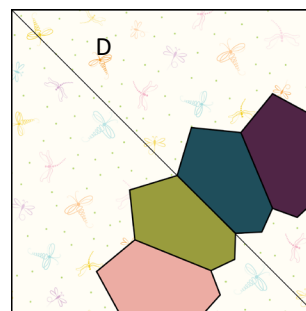
8. In the same manner, sew (1) **V**-shape to the edge of the **S**-shape and finger-press open. Using a dry iron, press the unit from the wrong side. Remove the paper templates by gently pulling the glued fabric away from the paper. Press to make (1) Dresden Unit.



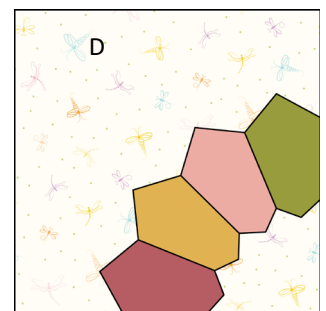
9. Repeat Step 6-8 to sew the remaining shapes together in the order shown below to make a second Dresden Unit.



10. Fold (1) **D**-square in half diagonally and finger-press to mark the center; unfold. Position (1) Dresden Unit on the **D**-square as shown below, aligning the center seam with the marked diagonal center line. Use a glue pen or pins to hold the Dresden Unit in place. Appliqué the outside and inside edges of the Dresden Unit using hand-sewn whipstitches or by machine-stitching an $\frac{1}{8}$ " from the unit edges to make (1) Dresden Quadrant.
11. Repeat Step 10 with remaining **D**-square and Dresden Unit to make a second Dresden Quadrant.



3 ½" × 3 ½"
[6 ½" × 6 ½"]



3 ½" × 3 ½"
[6 ½" × 6 ½"]

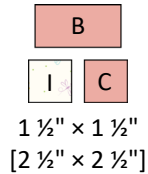
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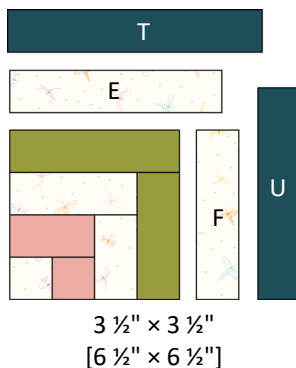
12. Sew (1) **I**-square and (1) **C**-square together as shown below. Next, sew (1) **B**-rectangle to the top.



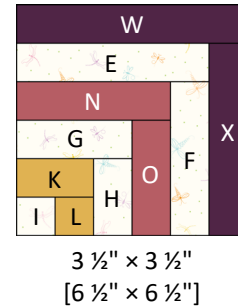
13. Sew (1) **H**-rectangle to the right side of the Step 12 unit. Next, sew (1) **G**-rectangle to the top. In the same manner, sew (1) **R**-rectangle to the right side and (1) **Q**-rectangle to the top.



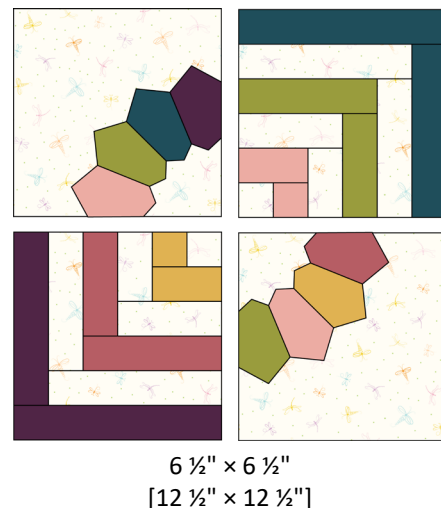
14. Sew (1) **F**-rectangle to the right side of the Step 13 unit. Next, sew (1) **E**-rectangle to the top. In the same manner, sew (1) **U**-rectangle to the right side and (1) **T**-rectangle to the top to make (1) Log Cabin Quadrant.



15. Repeat steps 12-14 to make a second Log Cabin Quadrant, referring to the diagram for placement of fabrics.



16. Arrange (2) Dresden Quadrants and (2) Log Cabin Quadrants as shown below. Sew the quadrants together into pairs. Next, sew the pairs together to make Block 5. Block 5 should measure 6 ½" x 6 ½" [12 ½" x 12 ½"] unfinished.



Your block is complete!

