

Block 8: Look Within

6" x 6" or 12" x 12" Finished

by Jill Finley

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FABRIC REQUIREMENTS

C120-MELLOWROSE

(Fabric 1)

C16950-SKIES

(Fabric 2)

C120-MARSALA

(Fabric 3)

C120-MOSS

(Fabric 4)

C120-COLONIAL

(Fabric 5)

C120-ROSEMARY

(Fabric 6)

RST = RIGHT SIDES TOGETHER

HST = HALF SQUARE TRIANGLE

FG = FLYING GEESE

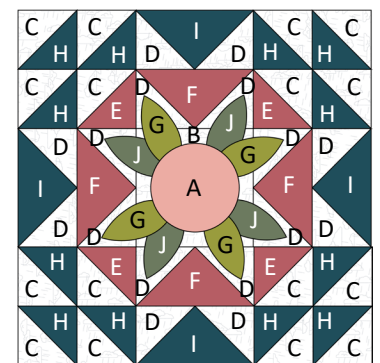
Sew all seams RST and with a ¼" seam allowance. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Measurements in [] indicate unfinished measurements of 12" x 12" block.



CUTTING INSTRUCTIONS

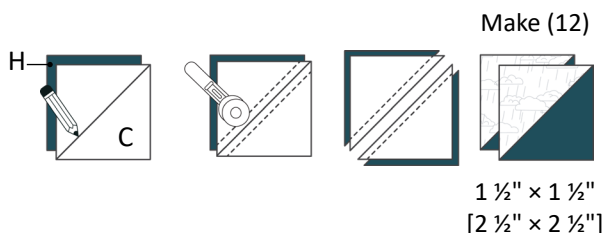
This block can be made in two sizes. Cut the pieces for your chosen size as listed below. To make the quilt as shown, sew the 12" x 12" block.

FABRIC	LABEL	6" x 6"	12" x 12"
Fabric 1	A	(1) 2 ½" x 2 ½" square	(1) 4" x 4" square
Fabric 2	B	(1) 2 ½" x 2 ½" square	(1) 4 ½" x 4 ½" square
	C	(8) 2" x 2" squares	(8) 3" x 3" squares
	D	(16) 1 ½" x 1 ½" squares	(16) 2 ½" x 2 ½" squares
Fabric 3	E	(2) 2" x 2" squares	(2) 3" x 3" squares
	F	(4) 1 ½" x 2 ½" rectangles	(4) 2 ½" x 4 ½" rectangles
Fabric 4	G	(4) 1 ¼" x 2" rectangles	(4) 2" x 3 ½" rectangles
Fabric 5	H	(6) 2" x 2" squares	(6) 3" x 3" squares
	I	(4) 1 ½" x 2 ½" rectangles	(4) 2 ½" x 4 ½" rectangles
Fabric 6	J	(4) 1 ¼" x 2" rectangles	(4) 2" x 3 ½" rectangles



SEWING INSTRUCTIONS

1. Draw a diagonal line on the wrong side of (8) **C**-squares and (16) **D**-squares.
2. Place (1) marked **C**-square on (1) **H**-square, RST. Sew ¼" away from both sides of the drawn diagonal line. Cut along the drawn diagonal line and press to make (2) C/H HST units. Trim each unit to measure 1 ½" x 1 ½" [2 ½" x 2 ½"]. Repeat to make (12) total C/H HST units.



3. Repeat Step 2 using marked **C**-squares and **E**-squares to make (4) total C/E HST units.

Make (4)



1 ½" x 1 ½"
[2 ½" x 2 ½"]

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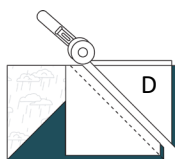
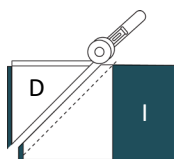
4. Arrange (3) C/H HST units and (1) C/E HST unit as shown below. Sew the units together into pairs. Next, sew the pairs together to make (1) Corner Unit. Repeat to make (4) total units.

Make (4)

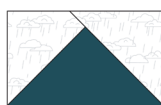


2 ½" × 2 ½"
[4 ½" × 4 ½"]

5. Align (1) marked **D**-square with the top left corner of (1) **I**-rectangle, RST. Sew on the drawn diagonal line. Trim excess corner fabric to ¼". Press toward the corner. Next, align (1) marked **D**-square with the top right corner of the same **I**-rectangle, RST. Sew, trim, and press as before to make (1) D/I FG unit. Repeat to make (4) total units.



Make (4)



1 ½" × 2 ½"
[2 ½" × 4 ½"]

6. Repeat Step 5 using marked **D**-squares and **F**-rectangles to make (4) total D/F FG units.

Make (4)



1 ½" × 2 ½"
[2 ½" × 4 ½"]

7. Sew (1) D/I FG unit and (1) D/F FG unit together as shown below to make (1) Side Unit. Repeat to make (4) total units.

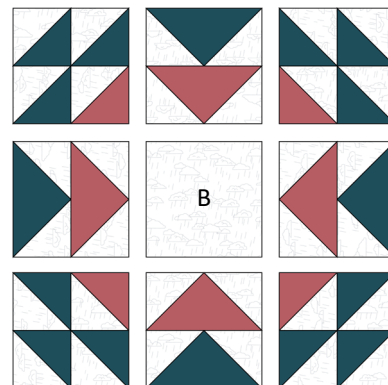
Make (4)



2 ½" × 2 ½"
[4 ½" × 4 ½"]

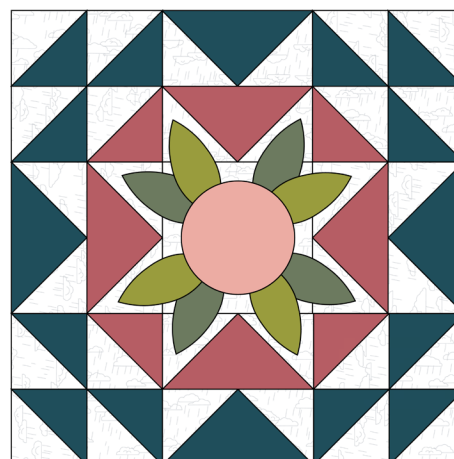
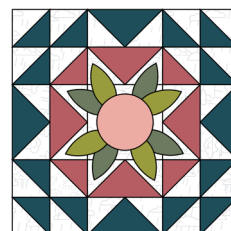
8. Arrange (4) Corner Units, (4) Side Units, and (1) **B**-square as shown below. Sew the units and square together into rows. Next, sew the rows together to make Block 8. Block 8 should measure 6 ½" × 6 ½" [12 ½" × 12 ½"] unfinished.

See page 3 for appliqué instructions.



6 ½" × 6 ½"
[12 ½" × 12 ½"]

Your block is complete!



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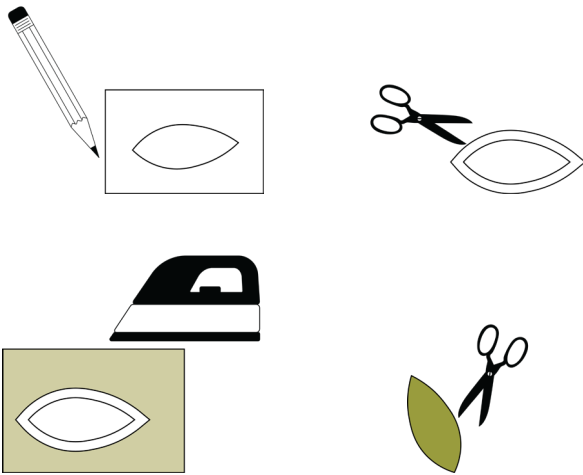
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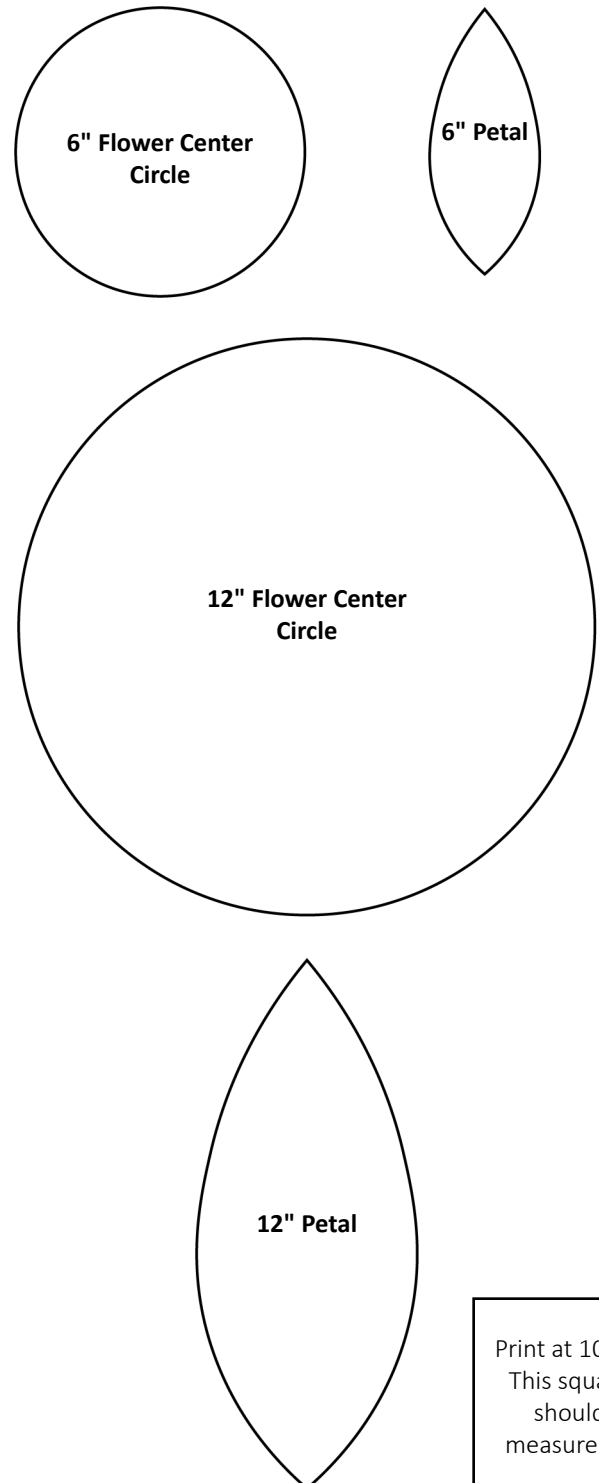
APPLIQUÉ INSTRUCTIONS

9. Instructions are provided for raw edge fusible appliqué. To prepare and cut the appliqué pieces, place the Templates right side up on a light table or window. Trace the shapes onto the paper side of the fusible web, leaving at least ¼" of space around the traced shapes. Roughly cut outside the drawn line of the shape, leaving at least ¼" of fusible web. Fuse the traced shape to the **WRONG** side of the designated fabric pieces following the manufacturer's instructions. Once cool, cut out the shape exactly on the drawn line.



10. Use the Step 9 process to make (4) Petal Shapes using **G**-rectangles, (4) Petal Shapes using **J**-rectangles, and (1) Flower Center Circle using (1) **A**-square.
11. Arrange the shapes centered within the block. Refer to the diagram on page 2 for Template placement. Remove the paper backings from the templates. Fuse the appliqué shapes in place following the manufacturer's instructions. Once cool, stitch around the edge of the appliqué shapes using a straight or small zigzag stitch in your choice of thread.

Templates are actual size. Templates are already reversed for ease of use for the raw-edge fusible appliqué method. Seam allowances are not included on the template; add them if using another appliqué technique.



Print at 100%.
This square
should
measure 1".